

Post M. Sc. Diploma in Radiological Physics

Paper - I: RADIATION PHYSICS & RADIOLOGY MATHEMATICS

UNIT - I

Nuclear Physics & X-ray Generators 16 lectures

Radioactivity - General properties of alpha, beta and gamma rays - Laws of radioactivity Laws of successive transformations - Natural radioactive series - Radioactive equilibrium. Alpha ray spectra - Beta ray spectra - Theory of beta decay - Gamma emission - Electron capture - Internal conversion - Nuclear isomerism - Artificial radioactivity - Nuclear cross sections - Elementary ideas of fission and reactors - Fusion.

Discovery - Production - Properties of X-rays - Characteristics and continuous spectra Design of hot cathode X-ray tube - Basic requirements of medical diagnostic, therapeutic and industrial radiographic tubes - Rotating anode tubes - Hooded anode tubes - Industrial X-ray tubes - X-ray tubes for crystallography - Rating of tubes - Safety devices in X-ray tubes - X-Ray proof and shockproof tubes - Insulation and cooling of X-ray tubes - Mobile and dental units - Faults in X-ray tubes - Limitations on loading.

UNIT-II

Probability, Statistics and Errors 11 lectures

Probability - addition and multiplication laws of probability, conditional probability, population, variates, collection, tabulation and graphical representation of data.

Basic ideas of statistical distributions frequency distributions, averages or measures of central tendency, arithmetic mean, properties of arithmetic mean, median, mode, geometric mean, harmonic mean, dispersion, standard deviation, root mean square deviation, standard error and variance, moments, skewness and kurtosis.

Application to radiation detection - uncertainty calculations, error propagation, time distribution between background and sample, minimum detectable limit.

Binomial distribution, Poisson distribution, Gaussian distribution, exponential distribution, additive property of normal variates, confidence limits, Bivariate distribution, Correlation and Regression, Chi-Square distribution, t-distribution, F-distribution.

Unit- III

Counting and Medical Statistics

10 lectures

Statistics of nuclear counting - Application of Poisson's statistics - Goodness-of-fit tests - Lexie's divergence coefficients Pearson's chi-square test and its extension - Random fluctuations Evaluation of equipment performance - Signal-to-noise ratio - Selection of operating voltage - Preset of rate meters and recorders - Efficiency and sensitivity of radiation detectors - Statistical aspects of gamma ray and beta ray counting - Special considerations in gas counting and counting with proportional counters - Statistical accuracy in double isotope technique.

Sampling and sampling distributions - confidence intervals. Clinical study designs and clinical trials. Hypothesis testing and errors. Regression analysis.

UNIT- IV

Numerical Methods

12 lectures

Why numerical methods, accuracy and errors on calculations - round-off error, evaluation of formulae. Iteration for Solving $x = g(x)$, Initial Approximation and Convergence Criteria, Newton-Raphson Method. Taylor series, approximating the derivation, numerical differentiation formulas. Introduction to numerical quadrature, Trapezoidal rule, Simpson's rule, Simpson's Three-Eighth rule, Euler's method, the modified Euler's method, Runge-Kutta method

Monte Carlo: Random variables, discrete random variables, continuous random variables, probability density function, discrete probability density function, continuous probability distributions, cumulative distribution function, accuracy and precision, law of large number, central limit theorem, random numbers and their generation, tests for randomness, inversion random sampling technique including worked examples, integration of simple I-D integrals including worked examples.

BOOKS & REFERENCES:

1. R. D. Evans, Atomic Nucleus
2. Preston M.A. Physics of Nucleus
3. Lapp R.E. Nuclear Radiation Physics
4. Segre E. Experimental Nuclear Physics
5. Oliver R. Radiation Physics in Radiology
6. Crouthamel C.E. Applied Gamma-Ray Spectrometry
7. Hoffman. Numerical Methods for Engineers and Scientists - 2nd Edition Revised and Expanded.
8. A. C. Bajpai, I. M. Calus and J. A. Fairley Numerical Methods for Engineers and Scientists - A student's course book, John. Wiley &
9. Band W. Introduction to Mathematical Physics.
10. Croxton. Elementary Statistics
11. Dahlberg G. Statistical Method of Medical & Biology Students

Paper-II Radiation Application I

UNIT - I

Interaction of radiation with matter (oriented towards Radiology) 12 lectures

Interaction of electromagnetic radiation with matter Exponential attenuation - Thomson scattering - Photoelectric and Compton process and energy absorption - Pair production @Attenuation and mass energy absorption coefficients - Relative importance of various processes.

Interaction of charged particles with matter - Classical theory of inelastic collisions with atomic electrons - Energy loss per ion pair by primary and secondary ionization Dependence of collision energy losses on the physical and chemical state of the absorber Cerenkov radiation - Electron absorption process - Scattering Excitation and Ionization & Radiative collision - Bremsstrahlung - Range energy relation - Continuous slowing down approximation (CSDA) - straight ahead approximation and detour factors - transmission and depth dependence methods for determination of particle penetration - empirical relations between range and energy - Back scattering.

Passage of heavy charged particles through matter - Energy loss by collision - Range energy relation - Bragg curve - Specific ionization - Stopping Power - Bethe Bloch Formula. Interaction of neutrons with matter - scattering - capture - Neutron induced nuclear reactions.

UNIT - II

Particle accelerators 12 lectures

Particle accelerators for industrial, medical and research applications - The Resonant transformer - Cascade generator - Van De Graff Generator - Pelletron - Cyclotron - Betatron - Synchro-Cyclotron-Linear Accelerator - Klystron and magnetron - Travelling and Standing Wave Acceleration - Microtron - Electron Synchrotron-Proton synchrotron. Details of accelerator facilities in India.

UNIT-III

Computational Tools & Techniques 12 lectures

Overview of programming in C++, MATLAB.

UNIT-IV

Cell Biology

6 lectures

Structure of the cell - Types of cells and tissue, their structures and functions - Organic constituents of cells - Carbohydrates, fats, proteins and nucleic acids - Enzymes and their functions - Functions of mitochondria, ribosomes, golgi bodies and lysosomes - Cell metabolism - DNA as concepts of gene and gene action - Mitotic and meiotic cell division - Semi conservative DNA synthesis, Genetic variation Crossing over, mutation, chromosome segregation - Heredity and its mechanisms, Cell physiology and biochemistry, Protein Synthesis, cell repair mechanisms.

Anatomy, Physiology and Pathology

8 lectures

Anatomy and physiology as applied to radiodiagnosis and radiotherapy - Structure & function of organs and systems & their common diseases: Skin, Lymphatic system, Bone and muscle, Nervous, Endocrine, Cardiovascular, Respiratory, Digestive (Gastro-Intestinal), Urinary, Reproductive, Eye and ear.

Anatomy of human body, nomenclature & Surface anatomy, Radiographic Anatomy (including cross sectional anatomy - identify the different organs/ structures on plain x-rays, CT scans and other available imaging modalities. Normal anatomy & deviation for abnormalities.

BOOKS & REFERENCES:

1. Meschan. Normal Radiation Anatomy
2. Hollinshead W.H. Text Book Of Anatomy
3. S. H. Levitt · J. A. Purdy · C. A. Perez, S. Vijayakumar (Eds.) Technical Basis of Radiation Therapy Practical Clinical Applications 4th Revised Edition
4. VON SONNTAG, C. The Chemical Basis of Radiation Biology. Taylor and Francis , London
5. RADIATION ONCOLOGY Management Decisions, K.S.Clifford Chad , Carlos A. Perez , Luther W . Brady
6. F. H. Attix. Introduction to Radiological Physics and Radiation Dosimetry, Wiley VCH, Verlag, 2004.
7. Rudra Pratap - MATLAB

Paper III: Radiation Dosimetry and Standardization

UNIT - I

Radiation quantities and Units

8 lectures

Radiation quantities and units - Radiometry - Particle flux and fluence - Energy flux and fluence - Cross Section - Linear and mass attenuation coefficients - Mass energy transfer and mass energy absorption coefficients - Stopping power - LET - Radiation chemical yield - W value - Dosimetry - Energy imparted - Absorbed dose - Kerma - Exposure - Air kerma rate constant - Charged particle equilibrium (CPE) - Relationship between Kerma, absorbed dose and exposure under CPE - Dose equivalent - Ambient and directional dose equivalents [$H^*(d)$ and $H'(d)$] - Individual dose equivalent penetrating $H_p(d)$ - Individual dose equivalent superficial $H_s(d)$.

Radiation sources

6 lectures

Radiation sources - Natural and artificial radioactive sources - Large scale production of isotopes @Reactor produced isotopes - Cyclotron produced isotopes - Fission products - industrial uses ,Telecobalt and Brachy Cesium sources - Gold seeds - Tantalum wire - ^{125}I Sources - Beta ray applicators - Thermal and fast neutron sources - Preparation of tracers and labelled compounds `Preparation of radio colloids.

UNIT- II

Neutron Standards & Dosimetry

7 lectures

Neutron classification, neutron sources, Neutron standards - primary standards, secondary standards, Neutron yield and fluence rate measurements, Manganese sulphate bath system, precision long counter, Activation method. Neutron spectrometry, threshold detectors, scintillation detectors & multi pheres, Neutron dosimetry, Neutron survey meters, calibration, neutron field around medical accelerators.

Standardization of Radionuclides

7 lectures

Methods of measurement of radioactivity - Defined solid angle and 4π counting - Beta gamma coincidence counting - Standardization of beta emitters and electron capture nuclides with proportional, GM and scintillation counters - Standardization of gamma emitters with scintillation spectrometers - Ionization chamber methods - Extrapolation chamber - Routine sample measurements - Liquid counter - Windowless counting of liquid samples Scintillation counting methods for alpha, beta and gamma emitter - Reentrant ionization chamber methods - Methods using (n, γ) and (n, p) reactions - Determination of yield of neutron sources - Space integration methods - Solid state detectors.

UNIT- III

Radiation Chemistry and Chemical Dosimetry 12 lectures

Definitions of free radicals and G-value-Kinetics of radiation chemical transformations - LET and dose-rate effects - Radiation Chemistry of water and aqueous solutions, peroxy radicals, pH effects - Radiation Chemistry of gases and reactions of dosimetry interest - Radiation polymerisation, effects of radiation on polymers and their applications in dosimetry pFormation of free radicals in solids and their applications in dosimetry - Description of irradiators from dosimetric view point - Dosimetry principles - Definitions of optical density, molar absorption coefficient, Beer-Lambert's law, spectrophotometry - Dose calculations Laboratory techniques - Reagents and procedures - Requirements for an ideal chemical dosimeter - Fricke dosimeter - FBX dosimeter - Free radical dosimeter - Ceric sulphate dosimeter - Other high and low level dosimeters - Applications of chemical dosimeters in Radiotherapy and industrial irradiators.

UNIT - IV

Clinical Aspects of Medical Imaging & Radiation Oncology (12 lectures)

Radiation Therapy, Surgery, Chemotherapy, Hormone Therapy, Immunotherapy & Radionuclide therapy, Benign and malignant disease, Methods of spread of malignant disease, Staging and grading systems, Treatment intent - Curative & Palliative, Cancer prevention and public education and Early detection & Screening.

Site specific signs, symptoms, diagnosis and management: Head and Neck, Breast, Gynaecological, Gastro-Intestinal tract, Genito-Urinary, Lung & Thorax, Lymphomas & Leukemias & Other cancers including AIDS related cancers.

Patient management on treatment - side effects related to radiation and dose - Acute & Late ,Monitoring and common management of side effects - Information and communication.

Professional aspects and role of medical physicists: General patient care - Principles of professional practice - Medical terminology - Research & Professional writing - Patient privacy - Ethical & cultural issues. Legal aspects - Confidentiality, Informed consent, Health and Safety.

BOOKS & REFERENCES:

1. Field. Clinical Use of Radioisotopes
2. IAEA TRS 374, Calibration of Dosimeters used in Radiation Therapy
3. F.H. Attix, Introductio to Radiological Physics and Radiation Dosimetry, Wiley VCH Verlag, 2004
4. Von Sonntag, e. The Chemical basis of Radiation Biology. Taylor and Francis
5. NCRU Report - 58

Paper - IV: RADIATION DETECTORS AND INSTRUMENTATION

UNIT- I: Medical Electronics

12 lectures

Semiconductor diodes - JFET - MOSFET - Integrated Circuits - Operational amplifiers (OPAMPs) and their characteristics - Differential Amplifier - Operational amplifier systems - OPAMP Applications - Addition, subtraction, Integration and Differentiation - Active amplifiers - Pulse Amplifiers - Decoders and Encoders - Microprocessors and associated peripherals - Power supplies - Regulated power supplies using IC's - DC-DC converter and RF power supplies - Switching mode power supplies - AC regulators.

UNIT- II

Principles of Radiation detection -I

12 lectures

Principles of Radiation detection and measurement - Basic principles of radiation detection (Gas Filled detectors - Ionization chambers - Theory and design - Construction of condenser type chambers and thimble chambers - Gas multiplication - Proportional and GM Counters (Characteristics of organic and inorganic counters - Dead time and recovery time Scintillation detectors - Semiconductor detectors - Chemical systems - Radiographic and Radiochromic films.

UNIT-III

Principles of Radiation detection-II and measurement

13 Lectures

Thermoluminescent Dosimeters (TLD) - Optically stimulated Luminescence dosimeters (OSLD) - Radiophotoluminescent dosimeters - Neutron Detectors - Nuclear track emulsions for fast neutrons - Solid State Nuclear track (SSNTD) detectors Calorimeters - New Developments.

Dosimeters based on condenser chambers - Pocket chambers - Dosimeters based on current measurement - Different types of electrometers - MOSFET, Vibrating condenser and Varactor bridge types - Secondary standard therapy level dosimeters - Farmer Dosimeters Radiation field analyser (RF A) - Radioisotope calibrator - Multipurpose dosimeter - Water phantom dosimetry systems - Brachytherapy dosimeters - Thermoluminescent dosimeter readers for medical applications - Calibration and maintenance of dosimeters.

UNIT-IV

Radiation Monitoring Instruments

13 lectures

Instruments for personnel monitoring - TLD badge readers - PM film densitometers - Glass dosimeter readers - Digital pocket dosimeters using solid state devices and GM counters X-Teletector - Industrial gamma radiography survey meter - Gamma area (Zone) alarm monitors - Contamination monitors for alpha, beta and gamma radiation - Hand and Foot monitors - Laundry and Portal Monitors - Scintillation monitors for X and gamma radiations Neutron Monitors, Tissue equivalent survey meters - Flux meter and dose equivalent monitors - Pocket neutron monitors - Teledose systems.

Instruments for counting and spectrometry - Portable counting systems for alpha and beta radiation - Gamma ray spectrometers - Multichannel Analyser - Liquid scintillation counting system - RIA counters - Whole body counters- Air Monitors for radioactive particulates and gases. Details of commercially available instruments and systems.

BOOKS & REFERENCES:

1. Robert L. Boylestad. Electronics Devices and Circuit Theory
2. Paul-Horowitz & Winfield Hill. Art of Electronics
3. Greiner R.A. Semiconductor Devices & Application
4. Crawford R.H. MOSFET in Circuit Design
5. Albert Paul Malvino. Electronics Principles
6. Stepanov B. Theory Of Luminescence
7. Price W.J. Nuclear Radiation Detection
8. Glenn F Knoll. Radiation Detection & Measurement

SECOND SEMESTER

Paper : I Radiation Application II

UNIT - I

Dosimetry & Standardization of X and gamma Ray Beams (14 lectures)

Standards - Primary and Secondary Standards, Traceability, Uncertainty in measurement. Charged Particle Equilibrium (CPE), Free Air Ion Chamber (FAIC), Design of parallel plate FAIC, Measurement of Air Kerma/ Exposure. Limitations of FAIC(?). Bragg-Gray theory, Mathematical expression describing Bragg-Gray principle and its derivation. Burlin and Spencer Attix Cavity theories. Transient Charged Particle Equilibrium (TCPE), Concept of D_{gas} , Cavity ion chambers, Derivation of an expression for sensitivity of a cavity ion chamber. General definition of calibration factor - N_x , N_K , $N_{D,air}$, $N_{D,W}$. IAEA TRS277: Various steps to arrive at the expression for D_w starting from N_x . TRS398: $N_{D,W,Q}$: $N_{D,W}$: K_{Q,Q_0} : K_Q , Derivation of an expression for K_{Q,Q_0} . Calorimetric standards - Intercomparison of standard.

Measurement of D_w for External beams from ^{60}Co teletherapy machines: Reference conditions for measurement, Type of ion chambers, Phantom, Waterproof sleeve, Derivation of an expression for Machine Timing error, Procedure for (TPR?) evaluation of Temperature and pressure correction: Thermometers and pressure gauges. Measurement of temperature and pressure. Saturation correction: derivation of expression for charge collection efficiency of an ion chamber based on Mie theory. Parallel plate, cylindrical and spherical ion chambers, K_{sat} , Two voltage method for continuous and pulsed beams, Polarity correction. Measurement of D_w for high-energy photon beams from Linear accelerators: Beam quality, beam quality index, beam quality correction coefficient, Cross calibration. Measurement of D_w for high energy Electron beams from linear accelerators: Beam quality, beam quality index, beam quality correction coefficient, Cross calibration using intermediate beam quality. Quality Audit Programmes in Reference and Non-Reference conditions.

Standardization of brachytherapy sources - Apparent activity - Reference Air Kerma Rate - Air Kerma Strength - Standards for HDR ^{192}Ir and ^{60}Co sources - Standardization of ^{125}I and beta sources - IAEA TECDOC 1274 - room scatter correction. Calibration of protection level instruments and monitors.

UNIT - II

Interaction of Radiation with Cells

6 lectures

Action of radiation on living cells - Radiolytic products of water and their interaction with biomolecule - Nucleic acids, proteins, enzymes, fats - Influence of oxygen, temperature XCellular effects of radiation - Mitotic delay, chromosome aberrations, mutations and recombinations - Giant cell formation, cell death Recovery from radiation damage □Potentially lethal damage and sublethal damage recovery - Pathways for repair of radiation damage. Law of Bergonie and Tribondeau.

Survival curve parameters - Model for radiation action - Target theory - Multihit, Multitarget - Repair misrepair hypothesis - Dual action hypothesis - Modification of radiation damage pLET, RBE, dose rate, dose fractionation - Oxygen and other chemical sensitizers - Anoxic, hypoxic, base analogs, folic acid, and energy metabolism inhibitors - Hyperthermic sensitization - Radio-protective agents.

Biological Effects of Radiation

6 lectures

Somatic effects of radiation - Physical factors influencing somatic effects - Dependence on dose, dose rate, type and energy of radiation, temperature, anoxia, - Acute radiation sickness LD 50 dose - Effect of radiation on skin and blood forming organs, digestive tract - Sterility and cataract formation - Effects of chronic exposure to radiation - Induction of leukaemia Radiation Carcinogenesis - Risk of carcinogenesis - Animal and human data - Shortening of life span - In-utero exposure - Genetic effects of radiation - Factors affecting frequency of radiation induced mutations - Dose-effect relationship - first generation effects - Effects due to mutation of recessive characteristics - Genetic burden - Prevalence of hereditary diseases and defects - Spontaneous mutation rate - Concept of doubling dose and genetic risk estimate.

UNIT - III

Biological basis of Radiotherapy

7 lectures

Physical and biological factors affecting cell survival, tumour regrowth and normal tissue response -Non-conventional fractionation scheme and their effect of reoxygenation, repair, redistribution in the cell cycle - High LET radiation therapy.

Time Dose Fractionation

5 lectures

Time dose fractionation - Basis for dose fractionation in beam therapy - Concepts for Nominal Standard Dose (NSD), Roentgen equivalent therapy (RET) - Time dose fractionation (TDF) factors and cumulative radiation effects (CRE) - Gap correction, Linear and Linear Quadratic models.

UNIT- IV: Brachytherapy

12 lectures

Definition and classification of brachytherapy techniques - surface mould, intracavitary, interstitial and intraluminal techniques. Requirement for brachytherapy sources - Description of radium and radium substitutes - ^{137}Cs , ^{60}Co , ^{192}Ir , ^{125}I and other commonly used brachytherapy sources. Dose rate considerations and classification of brachytherapy techniques - Low dose rate (LDR), high dose rate (HDR) and pulsed dose rate (PDR). Paterson Parker and Manchester Dosage systems. ICRU 38 and 58 protocols. Specification and calibration of brachytherapy sources - RAKR and AKS - IAEA TECDOC 1274 and ICRU 72 recommendations. Point and line source dosimetry formalisms - Sievert Integral OAAPM TO-43/43UI and other dosimetry formalisms.

Afterloading techniques - Advantages and disadvantages of manual and remote afterloading techniques. AAPM and IEC requirements for remote afterloading brachytherapy equipment. Acceptance, commissioning and quality assurance of remote after loading brachytherapy equipment. ISO requirements and QA of brachytherapy sources. Integrated brachytherapy unit.

Brachytherapy treatment planning - CT/MR based brachytherapy planning - forward and inverse planning - DICOM image import / export from OT - Record & verification. Brachytherapy treatment for Prostate cancer. Ocular brachytherapy using photon and beta sources. Intravascular brachytherapy - classification - sources - dosimetry procedures AAPM TO 60 protocol. Electronic brachytherapy (Axxent, Mammosite, etc.).

BOOKS & REFERENCES:

1. Brachytherapy , Application and Techniques , PHILLIP M DEVLIN
2. Radiobiology for the radiologists. By Erick J Hall 4th Edition
3. Absorbed dose determination in external beam therapy technical report series- 381,374, 398 and 277.
4. Brachytherapy source calibration IAEA TEC.DOC.
5. International commission of Radiation units & Measurements No.38,50,58 & 62

PAPER - II

MEDICAL IMAGING

Unit- I

Principles of X-ray Diagnostics & Conventional Imaging

14 lectures

Physical principle of diagnostic radiology: Interactions of X-rays with human body, differential transmission of x-ray beam, spatial image formation, visualization of spatial image, limitations of projection imaging technique Viz. superimposition of overlying structures and scatter, application of contrast media and projections at different angles to overcome superimposition of overlying structures

Radiography techniques: Prime factors (kVp, mAs and SID/SFD), influence of prime factors on image quality, selection criteria of prime factors for different types of imaging, different type of projection and slices selected for imaging, objectives of radio-diagnosis, patient dose Vs image quality

Filters: inherent and added filters, purpose of added filters, beryllium filter, filters used for shaping X-ray spectrum (K-edge filters: holmium, gadolinium, molybdenum).

Scatter reduction: Factors influencing scatter radiation, objectives of scatter reduction, contrast reduction factor, scatter reduction methods; beam restrictors (diaphragms, cones/cylinders & collimators), grids (grid function, different types of stationary grids, grid performance evaluation parameters, moving grids, artifacts caused by grids, grid selection criteria), air gap technique

Intensifying screens: Function of intensifying screens, screen function evaluation parameters, emission spectra and screen film matching, conventional screens Vs rare earth screens.

Radiographic Film: Components of radiographic film, physical principle of image formation on film, double and single emulsion film, sensitometric parameters of film (density, speed, latitude etc.), QA of film developer

Image quality: Image quality parameters; sources of un-sharpness, reduction of un-sharpness, factors influencing radiographic contrast, resolution, factors influencing resolution, evaluation of resolution (point spread function (PSF), line spread function (LSF), edge spread function (ESF), modulation transfer function (MTF)), focal spot size evaluation

QA of conventional diagnostic X-ray equipment: Purpose of QA, QA protocols, QA test methods for performance evaluation of x-ray diagnostic equipment

UNIT - II

Digital X-ray Imaging and Computed Tomography 6 lectures

Xero-radiography, mammography, Interventional radiology, digital radiography (CR and DR systems), digital subtraction techniques, Conventional tomography (principle only), orthopan tomography (OPG), Computed Tomography (CT), QA of CT equipment

Physics of Nuclear Medicine-I 7 lectures

Introduction to Nuclear Medicine, Unsealed Sources, Production of Radionuclide used in Nuclear Medicine; Reactor based Radionuclides, Accelerator based Radionuclides, Photonuclear activation, Equations for Radionuclide Production, Radionuclide Generators and their operation principles. Various usages of Radiopharmaceuticals.

In-vivo Non-imaging procedures; Thyroid Uptake Measurements, Renogram, Life Span of RBC, Blood Volume studies, Life Span of RBC etc. General concept of Radionuclide Imaging and Historical developments.

Radionuclide Imaging: Other techniques and Instruments; The Rectilinear Scanner and its operational principle, Basic Principles and Design of the Anger Camera / Scintillation Camera; System components, Detector System and Electronics, Different types of Collimators, Design and Performance Characteristics of the Converging, Diverging and Pin hole Collimator, Image Display and Recording Systems, Digital Image Processing Systems, Scanning Camera, Limitation of the Detector System and Electronics.

UNIT - III

Physics of Nuclear Medicine-II 8 lectures

Different Imaging Techniques: Basic Principles, Two dimensional Imaging Techniques, Three Dimensional Imaging Techniques - Basic Principles and Problem, Focal Plane Tomography, Emission Computed Tomography, Single Photon Emission Computed Tomography, Positron Emission Tomography. Various Image Reconstruction Techniques during Image formation such as ' Back Projection and Fourier based Techniques, Iterative Reconstruction method and their drawbacks. Attenuation Correction, Scatter Correction, Resolution Correction, Other requirements or Sources of Error.

Image Quality Parameters: Spatial Resolution, Factor affecting Spatial Resolution, Methods of Evaluation of Spatial Resolution, Contrast, Noise. NEMA Protocols followed for Quality Assurance / Quality Control of Imaging Instruments.

Physics of PET and Cyclotron: Principles of PET, PET Instrumentations, Annihilation Coincidence Detection, PET Detector and Scanner Design, 'Data Acquisition for PET, Data corrections and Quantitative Aspect of PET, Working of Medical Cyclotron, Radioisotopes Produced and their characteristics.

Treatment of Thyrotoxicosis, Thyroid cancer with ^{131}I , use of ^{32}P and ^{90}Y for palliative treatment, Radiation Synovectomy and the isotopes used. Concept of Delay Tank and various Waste Disposal Methods used in Nuclear Medicine.

Planning and Shielding Calculations during the installation of SPECT, PET/CT and Medical Cyclotron in the Nuclear Medicine Department.

Internal Dosimetry -

4 lectures

Internal Radiation Dosimetry: Different Compartmental Model; Single Compartmental Model, Two Compartmental Model with Back Transference, Two Compartmental Model without Back Transference. Classical Methods of Dose Evaluation; Beta particle Dosimetry; Equilibrium Dose Rate Equation, Beta Dose Calculation Specific Gamma Ray Constant, Gamma Ray Dosimetry, Geometrical Factor Calculation, Dosimetry of Low Energy Electromagnetic Radiation.

UNIT- IV

Internal Dosimetry

4 lectures

MIRD Technique for Dose calculations; Basic procedure and some practical problems, Cumulative Activity, Equilibrium Dose Constant, Absorbed Fraction, Specific Absorbed Fraction, Dose Reciprocity Theorem, Mean Dose per unit Cumulative Activity and Problems related to the Dose Calculations. Limitation of MIRD Technique.

Magnetic Resonance Imaging (IMR)

4 lectures

Magnetic Resonance image - proton density, relaxation time T_1 & T_2 images - Image characteristics - MRI system components - Magnets, Magnetic fields, Gradients, Magnetic field shielding, Radio Frequency systems, computer functions - Imaging process - Image artifacts - MRI safety.

Ultra Sound Imaging

3 lectures

Interaction of sound waves with body tissues, production of ultrasound - transducers Acoustic coupling - image formation - modes of image display - colour Doppler.

BOOKS & REFERENCES:

1. International Commission On Radiological Protection- 60 and 103 publication
2. Introduction to Nuclear medicine Physics by Dr.Rameshchandra
3. Physics of Nuclear medicine by Sorenson
4. The physics of Radiology 4th Edition by Johns and Cunningham, Charles C Thomas Publishers Springfield, Illinois, USA
5. Sprawl book of radiology.

PAPER - III RADIATION THERAPY

Unit - I : Beam Therapy - I

13 lectures

Description of low kV therapy x-ray units - spectral distribution of kV x-rays and effect of filtration - thoria filter - output calibration procedure.

Construction and working of telecobalt units - source design - beam collimation and penumbra - trimmers and breast cones. Design and working of medical electron linear accelerators - beam collimation - asymmetric collimator - multileaf collimator - dose monitoring - electron contamination. Output calibration of ^{60}Co gamma rays, high energy x-rays and electron beams using IAEA TRS 398, AAPM TG 51 and other dosimetry protocols. Relative merits and demerits of kV x-rays, gamma rays, MV x-rays and electron beams. Radiotherapy simulator and its applications. CT and virtual simulations.

Central axis dosimetry parameters - Tissue air ratio (TAR) Back scatterl Peak scatter factor (BSF/PSF) - Percentage depth doses (PDD) - Tissue phantom ratio (TPR) - Tissue maximum ratio (TMR) - Collimator, phantom and total scatter factors. Relation between TAR and PDD and its applications - Relation between TMR and PDD and its applications. SAR. SMR. Off

axis ratio and Field factor. Build-up region and surface dose. Tissue equivalent phantoms. Radiation field analyzer (RF A). Description and measurement of isodose curves/charts. Dosimetry data resources.

UNIT - II Beam Therapy - II

13 lectures

Beam modifying and shaping devices - wedge filters - universal, motorized and dynamic wedges- shielding blocks and compensators. Treatment planning in teletherapy - target volume definition and dose prescription criteria- ICRU 50 and 62 - SSD and SAD set ups ~two and three dimensional localization techniques - contouring - simulation of treatment techniques - field arrangements - single, parallel opposed and multiple fields - corrections for tissue inhomogeneity, contour shapes and beam obliquity - integral dose. Arc/ rotation therapy and Clarkson technique for irregular fields - mantle and inverted y fields. Conventional and conformal radiotherapy. Treatment time and Monitor unit calculations.

Clinical electron beams - energy specification - electron energy selection for patient treatment - depth dose characteristics (D_s , D_x , R_{100} , R_{50} , R_p etc.) - beam flatness and symmetry penumbra - isodose plots - monitor unit calculations - output factor formalisms - effect of air gap on beam dosimetry - effective SSD.

Particulate beam therapy - Relative merits of electron, neutron, x-ray and gamma ray beams 0Neutron capture therapy - Heavy ion therapy.

Quality assurance in radiation therapy - precision and accuracy in clinical dosimetry - quality assurance protocols for telecobalt, medical linear accelerator and radiotherapy simulators IEC requirements - acceptance, commissioning and. quality control of telecobalt, medical linear accelerator and radiotherapy simulators. Portal and in-vivo dosimetry. Electronic portal imaging devices.

UNIT - III

Computers in Treatment Planning

12 lectures

Scope of computers in radiation treatment planning - Review of algorithms used for treatment planning computations - Pencil beam, double pencil beam, Clarkson method, convolution superposition, lung interface algorithm, fast Fourier transform, Inverse planning algorithm, Monte Carlo based algorithms. Treatment planning calculations for photon beam, electron beam, and brachytherapy - Factors to be incorporated in computational algorithms. Plan optimization - direct aperture optimization - beamlet optimization - simulated annealing Hdose volume histograms - Indices used for plan comparisons - Hardware and. software requirements - beam & source library generation. Networking, DICOM and PACS. Acceptance, commissioning and quality assurance of radiotherapy treatment planning systems using IAEA TRS 430 and other protocols.

UNIT - IV

Special and Advanced Techniques of Radiotherapy

12 lectures

Special techniques in radiation therapy - Total body irradiation (TBI) - large field dosimetry total skin electron therapy (TSET) - electron arc treatment and dosimetry - intraoperative radiotherapy.

Stereotactic radiosurgery/radiotherapy (SRS/SRT) - cone and mMLC based X-Knife ^Gamma Knife - immobilization devices for SRS/SRT - dosimetry and planning procedures ^Evaluation of SRS/SRT treatment plans - QA protocols and procedures for X- and Gamma Knife units - Patient specific QA. Physical, planning, clinical aspects and quality assurance of stereotactic body radiotherapy (SBRT) and Cyber Knife based therapy.

Intensity modulated radiation therapy (IMRT) - principles - MLC based IMRT - step and shoot and sliding window techniques - Compensator based IMRT - planning process - inverse treatment planning - immobilization for IMRT - dose verification phantoms, dosimeters, protocols and procedures - machine and patient specific QA. Intensity Modulated Arc Therapy (IMAT e.g. Rapid Arc). Image Guided Radiotherapy (IGRT) - concept, imaging modality, kV cone beam CT (kVCT), MV cone beam CT (MVCT), image registration, plan adaptation, QA protocol and procedures - special phantom; 4DCT. Tomotherapy - principle ^commissioning - imaging - planning and dosimetry - delivery - plan adaptation - QA protocol and procedures.

BOOKS & REFERENCES:

1. Physics Of Radiation Therapy , 4th Edition By F.M.Khan.
2. Treatment Planning in Radiation Oncology 3rd Edition By F.M.Khan
3. The Physics Of Radiology 4th Edition By Johns And Cunningham, Charles C Thomas Publishers Springfield. Illinois . U.S.A
4. Radiation Oncology Physics: A Handbook Of Teachers And Students By E.B.Podgorsak
5. Intensity Modulated Radiation Therapy By Steve Webb , Institute of Physics Publishing Bristol and Philadelphia
6. The Modern Technology Of Radiation Oncology By Jacob Vandyk
7. Radiation Therapy By James N Parker and Philip M Parker
8. Absorbed Dose Determination in External Radiotherapy Technical Report Series 398 and 277
9. Familiarisation with treatment planning procedure Using a computerised radiotherapy treatment planning system.

PAPER – IV

RADIATION SAFETY

UNIT – I

Radiation Protection standards

7 lectures

Radiation dose to individuals from natural radioactivity in the environment and man-made sources. Basic concepts of radiation protection standards - Historical background International Commission on Radiological Protection and its recommendations - The system of Radiological Protection - Justification of Practice, Optimization of Protection and individual dose limits - Radiation and tissue weighting factors, equivalent dose, effective dose, committed equivalent dose, committed effective dose - Concepts of collective dose Potential exposures, dose and dose constraints - System of protection for intervention °Categories of exposures - Occupational, Public and Medical Exposures - Permissible levels for neutron flux - Factors governing internal exposure - Radionuclide concentrations in air and water - ALI, DAC and contamination levels

Principles of Monitoring and Protections

6 lectures

Evaluation of external radiation hazards - Effects of distance, time and shielding- Shielding calculations - Personnel and area monitoring - Internal radiation hazards - Radio toxicity of different radionuclides and the classification of laboratories - Control of contamination `Bioassay and air monitoring - chemical protection - Radiation accidents - disaster monitoring.

UNIT – II

Safety in the Medical Uses of Radiation

13 lectures

Planning of medical radiation installations - General considerations - Design of diagnostic, deep therapy, telegamma and accelerator installations, brachytherapy facilities and medical radioisotope laboratories.

Evaluation of radiation hazards in medical diagnostic therapeutic installations - Radiation monitoring procedures - Protective measures to reduce radiation exposure to staff and patients - Radiation hazards in brachytherapy departments and teletherapy departments and radioisotope laboratories - Particle accelerators Protective equipment .- Handling of patients Waste disposal facilities - Radiation safety during source transfer operations Special safety features in accelerators, reactors.

UNIT-III

Safety in Industrial, Agricultural and Research uses of Radiation

3 lectures

Use of ionizing radiation in irradiator, industrial radiography, nucleonic gauging, well logging and research such as medical research, industrial research and agricultural research.

Radioactive waste Disposal**4 lectures**

Radioactive wastes - sources of radioactive wastes - Classification of waste - Treatment techniques for solid, liquid and gaseous effluents - Permissible limits for disposal of waste Sampling techniques for air, water and solids - Geological, hydrological and meteorological parameters - Ecological considerations.

Disposal of radioactive wastes - General methods of disposal - Management of radioactive waste in medical, industrial, agricultural and research establishments.

Transport of Radioisotopes**4 lectures**

Transportation of radioactive substances - Historical background - General packing requirements - Transport documents - Labeling and marking of packages - Regulations applicable for different modes of transport - Transport by post - Transport emergencies Special requirements for transport of large radioactive sources and fissile materials @Exemptions from regulations - Shipment approval - Shipment under exclusive use Transport under special arrangement - Consignor's and carrier's responsibilities.

UNIT- IV**Legislation****5 lectures**

Physical protection of sources - Safety and security of sources during storage, use, transport and disposal - Security provisions: administrative and technical - Security threat and graded approach in security provision

National legislation - Regulatory framework Atomic Energy Act - Atomic Energy (Radiation Protection) Rules - Applicable Safety Codes, Standards, Guides and Manuals €Regulatory Control - Licensing, Inspection and Enforcement - Responsibilities of Employers, Licensees, Radiological Safety Officers and Radiation Workers - National inventories of radiation sources - import, export procedures

Radiation Emergencies and their Medical Management 6 lectures

Radiation accidents and emergencies in the use of radiation sources and equipment in industry and medicine - Radiographic cameras and teletherapy units - Loading and unloading of sources - Loss of 'radiation sources and their tracing - Typical accident cases. Radiation injuries, their treatment and medical management - Case histories.

BOOKS & REFERENCES:

1. IAEA SAFETY STANDARD SERIES Radiological Protection For Medical Exposure TO Ionizing Radiation.
2. A Brief Introduction to Radiation Safety by George, N. Hamawy
3. Radioactive and hazardous material waste disposal procedure manual Edward W Bailey
4. Atomic Energy Act-1962 & 2004
5. Radiation Protection rules promulgated in 1974 in AE Act 1962
6. International commission on Radiological Protection No.60 (1991) & 103 (2007)

Practicals

First Semester

1. Production and attenuation of bremsstrahlung
2. Range of beta particles by Feather analysis
3. Backscattering beta particles and applications
4. Statistics of radioactive counting
5. Study of voltage and current characteristics of ion-chamber
6. Calibration of survey instruments and pocket dosimeters
7. Calibration of GM counters
8. Calibration of therapy level dosimeter
9. Calibration of TL phosphor & TLD reader and its use in dose distribution measurements
10. Determination of plateau and resolving time of a G.M. counter and its application in estimating the shelf-ratio and activity of a beta source.
11. Calibration of a TLD personnel monitoring badge and dose evaluation.
12. Characteristics of a flow counter and beta activity measurement.
13. Calibration of Gamma ray spectrometer and identification of unknown sources.
14. Quality assurance of a diagnostic x-ray machine.
15. Evaluation of characteristics of radiographic image.

Second Semester

1. Dose output measurement of photon (^{60}Co gamma rays and high energy x-ray) beams used in radiotherapy treatment.
2. Dose output measurements of electron beams used in radiotherapy treatment.
3. Determination of percentage depth dose of photon and electron beams.
4. Measurement of Dosimetric parameters (Beam Profile, Depth Dose Profile, TMR etc) using a Radiation Field Analyzer (RFA).
5. Measurement of head scatters factors and phantom scatter factors using a Radiation Field Analyzer (RFA).
6. Integrity check and calibrations of low activity brachytherapy sources.
7. AKS/RAKR measurement of an HDR brachytherapy source using well type and cylindrical ionization chambers.
8. In-phantom dosimetry in brachytherapy.
9. Familiarization with treatment planning procedure using a computerized radiotherapy treatment planning system.
10. Survey of radioisotope laboratory and study of surface and air contamination.
11. Measurement of activity of I-131 and Tc-99m using isotope calibrator.
12. Absorption and backscattering of gamma rays - Determination of HVT.
13. Measurement of Computed Tomography Dose Index (CTDI) of a CT unit.
14. Radiation protection survey of teletherapy installations (Acceleration, Telecobalt, HRD/LDR brachytherapy).
15. Radiation protection survey of diagnostics radiology (X-ray/CT/Mammography etc) & simulation installations.